

Zan Gao, PhD

Biography

Dr. Zan Gao obtained his Ph.D. from Louisiana State University in 2007. He is the Department Head and Professor in the Department of Kinesiology, Recreation, and Sport Studies at The University of Tennessee. He was the professor and Director of Graduate Studies at the School of Kinesiology at the University of Minnesota-Twin Cities, specializing in physical activity and health. Dr. Gao's research has primarily focused on promoting health through population-based physical activity interventions with emerging technologies such as active video games, online social media and mobile device apps.

In the past 16 years, Dr. Gao has given over 246 presentations at various international and national conferences. He has also published 171 (including 128 first-authored or senior-authored) research articles in peer-reviewed journals such as the British Journal of Sports Medicine, Obesity Review, American Journal of Preventive Medicine, Journal of Clinical Medicine, Archives of Pediatrics and Adolescent Medicine, Journal of Physical Activity and Health, Research Quarterly for Exercise and Sport (RQES), and the Journal of Teaching in Physical Education (JTPE); 29 book chapters and 3 edited books. Dr. Gao has been the recipient of several international and national awards, including the 2008 National Association for Kinesiology and Physical Education in Higher Education Hally Beth Poindexter Young Scholar Award, 2009 American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) Mabel Lee Award, 2013 National Association for Sport and Physical Education Curriculum and Instruction Heitmann Young Scholar Award, and 2015 SHAPE America Leroy T. Walker Young Professional Award.

Dr. Gao has been the principal investigator of the National Institute of Health research grant, Robert Wood Johnson Foundation Grant, and AAHPERD Seed Grant. He also serves as a reviewer for many journals including, but not limited to JTPE, the Journal of Physical Activity and Health, the Journal of Sport and Exercise Psychology, and the Journal of School Health, as the Section Editor for Measurement in Physical Education and Exercise Science, the Editorial Board Member for the JTPE, Games for Health, Journal of Clinical Medicine, and Associate Editor for Journal of Health and Sports Science, International Journal of Behavioral Nutrition and Physical Activity, and RQES, and Editor-in-chief for Journal of Research, Teaching, and Media in Kinesiology.

Dr. Gao is currently an active Fellow of National Academy of Kinesiology, the Fellow of the American College of Sports Medicine and the Fellow of Shape America! Research Council. He was the President of the International

Chinese Society for Physical Activities and Health from 2017-2018. He was on the faculty at the University of Utah and Texas Tech University from 2007-2012.

Outside work, Dr. Gao enjoys playing/coaching soccer and practicing a variety of leisure activities (e.g., traveling, playing Guitar, Chinese calligraphy, reading, running, etc.).

简介

高赞教授

简介：高赞教授，现任美国田纳西大学运动休闲体育系系主任兼终身教授，运动流行病学实验室主任。美国运动科学院院士。他曾是明尼苏达大学终身教授，运动科学系研究生部主任。

高赞教授主要研究兴趣是运用新兴高科技产品（如可穿戴健康设备、运动应用、体感游戏机等）来改变人的生活方式和行为，促进健康并预防慢性疾病。他的谷歌学术 H 指数是 51，至今已发表 190 多篇 SCI/SSCI 学术论文和专著章节，出版过三本英文专著和 5 本足球和体育类译著，并担任很多大型国家级科研课题的首席科学家。高赞教授也是新创高科技公司 iRecOO Mobile 公司的共同创办人，该公司在 2022 年推出了针对慢病患者运动康复的人工智能个性化产品 iFitRx。

高赞教授现为美国足球协会注册教练员，美国运动医学院 Fellow，美国体育健康协会研究所 Fellow。他现为北京体育大学客座专家，曾担任国际华人体育与健康学会主席，并曾被聘为中国外国专家局海外高端学者和湖南省海外名师等。